

CARE SHEET

Oral Surgery Pre Operative Instructions

1. If you are currently taking medication, please ensure you have discussed this with Dr Briggs and your dentist and follow their instruction regarding taking it before the procedure.
2. Do not smoke for at least 24 hours prior to sedation.
3. Contact lenses should be removed.
4. Please bring all your medications to your appointment.

Oral Surgery Post Operative Instructions

1. Rest at home after surgery.
2. Refrain from exercise.
3. Several days off work or school.
4. No alcoholic drinks for 48 hours after surgery or whilst on antibiotics.
5. Do not smoke for at least 48 hours post surgery.
6. Soft food such as soups, jelly, scrambled eggs, pasta and smoothies are recommended.
7. Drink lots of fluids.
8. Use icepacks to reduce swelling.
9. Follow pain control explained to you by Dr Briggs eg: start taking pain killers before numbness wears off. Continue for at least 24 hours. Pain should start to reduce after 48 hours. In some cases it might take slightly more time. If pain is not reducing please call Dr Briggs.
10. Control bleeding by biting on gauze provide for half an hour. Do not spit out or bleeding may continue. Slight oozing is normal. If you are worried please call Dr Briggs.
11. Swelling will occur post operatively. This can take up to 1 week to reduce.
12. Rinse with warm salt water or Savacol from the day after surgery, twice a day for one week. You may start brushing teeth gently after 24 hours.

Should you need any assistance or if you have any queries please do not hesitate to contact Dr Briggs on 0425 204 503.