

## CARE SHEET

### **Intravenous Sedation Pre Operative Instructions**

1. You must be fasted for 6 hours prior to sedation.
2. You may have only half a glass of water up to 2 hours before your sedation.
3. A person must accompany you to the surgery where the sedation is taking place.
4. Sedation cannot be given to a patient who has a cold or the flu. If you are unwell please notify the surgery as soon as possible.
5. Do not smoke for at least 24 hours prior to sedation.
6. Please dress warmly in cold weather but have loose clothes on so that health monitors can be attached to the skin easily.
7. Contact lenses should be removed.
8. Please bring all your medications to your appointment.

### **Intravenous Sedation Post Operative Instructions**

1. Following sedation, you will continue to sleep lightly for a short time and will have little or no recollection of the procedure.
2. You must be escorted home (you are not permitted to take a taxi alone) and be kept under close supervision for 12 hours. Although you may appear to be awake and feeling fine, you still need to be very cautious.
3. A light meal with water should be eaten a few hours after surgery to avoid dehydration.
4. If at anytime after sedation you feel nauseous, please contact your dentist and/or Dr Briggs straight away.
5. Do not drive or operate machinery for 12 hours.
6. You should not have sole care of small children for the remaining part of the day post sedation.

**Should you need any assistance or if you have any queries please do not hesitate to contact Dr Briggs on 0425 204 503.**